



**AREA BOARD PROJECTS AND COUNCILLOR LED
INITIATIVES APPLICATION FORM 2016/2017.**

Area Board Project -Cllr Steve Oldrieve
1. What is the Initiative?
<i>The initiative is to provide funding of £173.92 to enable Trowbridge Walking group to be able to continue to operate and afford members the benefits detailed below. Funding is required for annual insurance and for printing of walks leaflets.</i>
2. Where is the initiative taking place?
<i>Around Trowbridge and further afield.</i>
3. When will the initiative take place?
ongoing
4. What is the Community benefit/evidence of need/links to Community Plan/Community Issue?
<p>Trowbridge walking group has been running for up to 20 years and has 50 members attending regular walks. All members are from Trowbridge and surrounding parishes and walks take place on Mondays and Wednesdays. Members include people referred by GP's and others who can benefit in many ways from participation in the walking group. The walking groups provides for social contact and an opportunity to make friends and meet new people. This is particularly important for older people living alone who may not have other social contact on a regular basis. Walking also promotes physical health through providing regular physical activity, tailored to people's needs on either short or long walks. Walking can support recovery from serious conditions such as heart disease, high blood pressure and stress and can help in tackling obesity as well as helping with mental health and feeling part of the community.</p> <p>The initiative links to various identified needs in our community area including tackling obesity, supporting older people, improving health outcomes and community cohesion.</p>
5. What is the desired outcome of this initiative?
Trowbridge Walking group will be able to continue to operate being fully insured. Leaflets will continue to be produced detailing the timetable of walks, their duration and providing more information about the Walking group.
6. Who will Project Manage this initiative?
Trowbridge Walking group.
7. Costs/quotes/ match funding? (total cost £5k require 1 quote, total cost £5k-25k require 3 quotes)

Annual Insurance £106.00
Printing leaflets £67.92

8. Additional information